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High Aquatic Biodiversity in an Intermittent Coastal Headwater Stream at Golden Gate National Recreation Area, California

Abstract

Headwater and intermittent streams have traditionally been considered less biologically diverse than downstream perennial reaches. However, recent studies have highlighted the significant role that headwaters play in supporting regional aquatic biodiversity. Additionally, intermittent streams in the Pacific Northwest may be more diverse than similar streams in other regions. Here, we present a four-year biodiversity study of the John West Fork, an intermittent coastal headwater stream in northern California. It only flows for 5-7 months each year, but supports residual perennial pools during the summer dry season. Our goals are to describe the physical and biological settings of the John West Fork, document its aquatic biodiversity, and promote the use of it and similar streams as study systems. From 2009 to 2012, we sampled fish and invertebrates in riffles and pools during early summer (June) and in residual pools during late summer (late September/early October). We documented four vertebrate species (steelhead trout, coho salmon, California giant salamander, and Pacific chorus frog) and 159 aquatic invertebrate taxa. Steelhead trout were common each year, but coho salmon were present only in 2010 and 2011. Most invertebrate taxa were tolerant of stagnant pool conditions; only nine taxa were exclusive to flowing riffle habitats. Intermittent headwater streams similar to John West Fork are numerous along the west coast of North America. This great number of replicate systems and their tractability make them ideal for ecological studies, and their high biodiversity makes them deserving of consideration in local and regional conservation planning.

Keywords: temporary flow, salmon, aquatic invertebrates, drought, drying disturbance

Introduction

First-order headwater streams have traditionally been considered less biologically diverse than larger downstream reaches (e.g., Vannote et al. 1980). However, in recent years researchers have highlighted the significant role headwaters can play in supporting regional aquatic biodiversity (Meyer et al. 2007, Clarke et al. 2008, Finn et al. 2011). Similarly, intermittent streams (i.e., those that cease flowing during some portion of the year) were understudied and underappreciated until recent years, despite making up a large percentage of total stream length worldwide (Larned et al. 2010, Datry et al. 2014). While many of the recent studies of intermittent streams have focused on higher-order reaches (e.g., 3rd or 4th order intermittent streams), intermittent headwaters have received less attention.

Intermittent headwater streams are numerous along the west coast of North America. While some regional studies suggest that seasonal flow cessation in these streams reduces the diversity of aquatic invertebrates (del Rosario and Resh 2000), others

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have reported similar levels of aquatic invertebrate diversity, productivity, and/or biomass between intermittent and perennial headwaters (Progar and Moldenke 2002, Price et al. 2003, Banks et al. 2007). Intermittent headwaters across the region may also provide important habitat for endangered coho salmon (Oncorhynchus kisutch) and other salmonid fishes, especially when residual stream pools persist after flow ceases (Wigington et al. 2006). Understanding the roles that intermittent coastal headwaters play in supporting regional biodiversity and salmonid stocks is especially important given the looming threats of climate change and increased anthropogenic water withdrawals (Grantham et al. 2012, Katz et al. 2013, Wainwright and Weitkamp 2013).

We conducted a four-year study of invertebrate and fish community dynamics in one intermittent coastal headwater stream, the John West Fork, located in the Golden Gate National Recreation Area, California. The John West Fork is one of hundreds of similarly-sized intermittent headwater streams (drainage area < 5 km²) along the coast of western North America. Our goals here are to (1) describe the physical and biological settings of the John West Fork, (2) document the aquatic biodiversity we recorded over the study period, and (3) promote the use of coastal intermittent headwater streams like the John West Fork as study systems.

Study Area

John West Fork (37.99° N, 122.75° W) is a small (3.1 km² drainage area), short (3 km in length) first-order stream in Golden Gate National Recreation Area, Marin County, California (Figure 1). It is a headwater tributary to Olema Creek, which flows through Point Reyes National Seashore for approximately 16 km before joining Lagunitas Creek just before its entry into the Pacific Ocean at Tomales Bay. The lower 1.5 km of John West Fork, where most of the biological sampling occurred, is relatively low gradient (average slope: 2.5%) and has a riffle-pool sequence channel morphology. In contrast, the upper half of the stream is much steeper (average slope: 11.6%), has a cascade-pool channel, and consists of two forks draining the Bolinas Ridge.

Average annual rainfall at the nearest longterm NOAA/NWS rainfall gauge (18 km away: Kentfield #044500) is 94 cm, but varies greatly among seasons and years. More than 83% of average annual rainfall occurs between November and March, and yearly rainfall totals range from 48 cm to 233 cm. Annual rainfall totals during our four study years were 68 cm (2009), 89 cm (2010), 113 cm (2011), and 72 cm (2012). This rainfall variability produces similar variability in flow at John West Fork. During high flow periods, the entire 3 km of stream can be connected and flowing. In general, however, John West Fork flows only between late November and late May or early June, and supports isolated pools the rest of the year. Some pools persist through dry years (perennial pools), while others begin to dry when flow ceases in May or June and dry completely before the end of the summer (seasonal pools). The exact timing of wet season flow and number of remnant pools during the dry season, however, depends on antecedent winter precipitation. For example, due to extreme drought conditions in 2013-2014, flow did not resume at the John West Fork until 8 Feb 2014, prior to which wetted habitat in the entire basin had contracted to less than 150 small stream pools and seeps in scattered isolated reaches (Figure 1). The nearest perennially-flowing stream reach is 1.4 km downstream of the junction of John West Fork and Olema Creek, where a spring-fed tributary enters Olema Creek.

Though its flow is intermittent, John West Fork has a dense riparian forest (spherical densiometer mean in stream channel: 93%; range: 76-100%). Canopy tree species include, in descending order of dominance, California bay (Umbellularia californica), willow (Salix spp.), big-leaf maple (Acer macrophyllum), Douglas-fir (Pseudotsuga menziesii), coast live oak (Quercus agrifolia), and red alder (Alnus rubra). The understory is composed of a mix of shrubs and herbaceous plants, including California hazelnut (Corylus cornuta var. californica), bitter cherry (Prunus emarginata), poison oak (Toxicodendron diversilobum), stinging nettle (Urtica sp.), horsetail (Equisetum sp.), and ferns. In part due to this dense riparian cover, water temperatures in the perennial pools that persist after flow ceases remain relatively cool

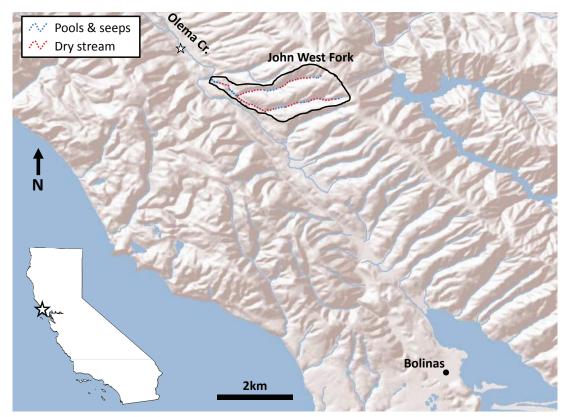


Figure 1. Map of the John West Fork and surrounding area. The extent of the John West Fork drainage basin is marked by the solid black line. The dashed lines within the basin show the distribution of dry reaches (red dashed lines) and reaches with pools or seeps (blue dashed lines) during drought (mapped on 26 Jan 2014). The white star marks the nearest perennial flow, 1.4 km downstream of the junction of John West Fork and Olema Creek, where a spring-fed tributary enters Olema Creek. The San Andreas Fault runs northwest-southeast through the area, creating a number of similar-sized replicate headwater streams.

during the summer dry season. Water temperature loggers (HOBO Pendant UA-002-64, Onset Computer Corporation, Bourne, MA) placed in 28 study pools during the dry season (June to October, from 2009 to 2012) reported an overall mean water temperature of 14.3 °C, with little variability through time except in seasonal pools immediately preceding drying. The maximum water temperature recorded in any stream pool over the study period was 22.8 °C.

Methods

Biological sampling was confined to the lowest 1 km of John West Fork, between the confluence of its two headwater forks and its confluence with Olema Creek (Figure 1). We studied 12 riffle-pool sequences in 2009, and then expanded our study to include 28 riffle-pool sequences from 2010 to 2012. Each year, we surveyed for fishes during the early and late summer (June and late September/early October, respectively) using three-pass depletion electrofishing in each of our study pools and riffles. In 2012, we also captured fish using seining techniques every three weeks between our two electrofishing samples. We walked the entire study reach during each visit and conducted visual surveys for other aquatic vertebrates (e.g., salamanders) that were not detected during electrofishing. We sampled aquatic invertebrates by collecting a single, randomly-located, Surber sample (area: 900 cm²; mesh size: 500 µm) in each of the study pools and riffles present in early

and late summer each year. While Surber samples may underestimate the diversity of taxa that swim in open water (e.g., Dytiscidae, Notonectidae), supplemental sampling of these habitats with a D-frame net suggested that free swimming taxa were uncommon at John West Fork. In 2012, additional Surber samples were collected from each pool every three weeks between the early summer sampling event in June and the late summer sampling event in early October. Samples were preserved in 95% ethanol and transported to UC Berkeley for identification. A random subset of samples from five perennial pools, five seasonal pools (wetted in June, dry by September), and the ten intermittent riffles adjacent to these pools (flowing in June, dry in September) were selected for invertebrate identification and enumeration. Our goals here are to document species occurrences in the study system and discuss their temporal trends over the study period.

Results

Four species of aquatic or semi-aquatic vertebrates were recorded from John West Fork over the study period. The vertebrate taxa included steelhead trout, (Oncorhynchus mykiss), coho salmon (Oncorhynchus kisutch), California giant salamander (Dicamptodon ensatus), and Pacific chorus frog (Pseudacris regilla). Steelhead were present in moderate numbers in the 12 study pools in 2009, but were abundant across the study pools in 2010, 2011, and 2012. Coho salmon were absent in 2009, rare in 2010 (4 individuals detected), abundant in 2011, and absent in 2012. One California giant salamander neonate was found each year between 2009 and 2011, and 2 neonates were found on each of two sampling dates in 2012 (4 found in total). Pacific chorus frogs were seen infrequently over the entire study period, and one male was heard making a territorial call in 2012, but no breeding was documented in John West Fork pools.

One hundred and fifty-nine taxa of aquatic invertebrates were recorded from the subsample of five perennial pools, five seasonal pools, and 10 associated riffles over the study period (Table 1). The total number of invertebrate taxa recorded from early and late summer samples was similar in each year (99 in 2009, 105 in 2010, 103 in 2011, and 114 in 2012), though the extra sampling effort in 2012 yielded 16 additional taxa not found in early and late summer samples (130 taxa total detected in 2012). The ten most abundant taxa across all samples were the mayflies Paraleptophlebia, Leucrocuta, and Centroptilum, the caddisfly Lepidostoma, the midges Paramerina, Micropsectra, and Tanytarsus, the stonefly Malenka californica, Copepoda, and Oligochaeta. Nearly all invertebrate taxa were encountered in perennial and seasonal pools at some point during the study period. Only 9 of the 159 taxa were exclusive to riffles, and each of these taxa was represented by only one or two individuals across all years (the mayflies Epeorus and Ironodes, the caddisflies Helicopsyche and Neothremma, the stoneflies Hesperoperla and Yoraperla, the beetles Helichus and Optioservus divergens, and the midge Eukiefferiella brehmi group). Though signal crayfish (Pacifastacus leniusculus) were not collected in Surber samples in any year, three individuals were observed during visual surveys of the study reach in 2011 (2) and 2012 (1).

Discussion

Intermittent and first-order headwater streams are often thought to support relatively low diversity aquatic communities (e.g., Vannote et al. 1980, Datry et al. 2014). However, we found that John West Fork, an intermittent headwater stream, supported a rich aquatic invertebrate community and robust populations of imperiled salmonids. These observations, along with those from several other studies along the west coast of North America (e.g., Progar and Moldenke 2002, Price et al. 2003, Banks et al. 2007), indicate that intermittent headwater streams in the region are indeed important sources of biodiversity. In fact, Dieterich and Anderson (2000) reported higher aquatic invertebrate diversity in "summer-dry" headwater streams of Oregon than in neighboring perennial headwaters.

Relatively long periods of continuous flow (4-7 months/year) and dense forest cover, with resultant cooler water temperatures in residual pools during the dry season, may partially explain

CLASS	ORDER	FAMILY	GENUS/SPECIES	2009	2010	2011	2012
Insecta	Coleoptera	Dryopidae	Helichus				х
		Dytiscidae	Agabus	х	х	х	х
			Oreodytes picturatus	х			
			Sanfilippodytes	х	х		
			Hydroporinae (undet.)	х	х	х	х
		Elmidae	Narpus	х	х	х	х
			Optioservus divergens				х
			Optioservus quadrimaculatus	Х	х	х	х
			Optioservus (undet.)		х	х	х
			Zaitzevia			х	х
		Gyrinidae	Gyrinus				Х
		Hydraenidae	Hydraena				х
		Hydrophilidae	Cymbiodyta				х
			Hydrophilidae (undet.)		х		
		Psephenidae	Eubrianax	Х	х	х	Х
		Scirtidae	Scirtidae (undet.)			х	х
	Diptera	Ceratopogonidae	Atrichopogon		х	х	х
			Bezzia	Х	х	х	х
		Chaoboridae	Chaoborus		х		
		Chironomidae	Apedilum				х
			Apsectrotanypus	х	х	х	х
			Boreochlus			х	х
			Brillia	х	х	х	х
			Chironomus	х		х	х
			Corynoneura	х	х	х	х
			Cricotopus		х	х	
			Eukiefferiella brehmi grp.			х	
			Eukiefferiella claripennis grp.	Х	х	х	х
			Heleniella	Х	х	х	х
			Heterotrissocladius marcidus grp.	Х	х	х	х
			Krenopelopia				х
			Krenosmittia	Х	х	х	х
			Larsia		х		
			Limnophyes			х	х
			Micropsectra	Х	х	х	х
			Microtendipes rydalensis grp.	Х	х	х	х
			Nanocladius balticus grp.	х	х	х	х
			Parachaetocladius		х	х	
			Paracladopelma	х			Х
			Paramerina	х	Х	х	Х
			Parametriocnemus		Х	х	Х
			Paratanytarsus	х		х	Х
			Phaenopsectra	х	Х	Х	Х
			Polypedilum laetum grp.	х	Х	Х	х
			Polypedilum scalaenum grp.	х	х	х	х

TABLE 1. Aquatic invertebrate taxa detected across the four sampling years at John West Fork.

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TABLE 1, Continued.

CLASS	ORDER	FAMILY	GENUS/SPECIES	2009	2010	2011	2012
			Psectrocladius	х			х
			Pseudosmittia	Х		х	
			Rheocricotopus	Х	х	х	х
			Rheotanytarsus	Х	х	х	х
			Smittia				х
			Stempellinella	Х	х	Х	х
			Synorthocladius	Х	х	х	х
			Tanytarsus	Х	х	х	х
			Thienemanniella xena grp.		х		Х
			Thienemannimyia grp.		х	х	Х
			Tvetenia bavarica grp.	Х	х	Х	х
			Zavrelia				х
		Culicidae	Culex	Х			
			Culiseta				х
		Dixidae	Dixa	Х	х	Х	х
			Dixella	х	х	х	х
			Meringodixa	х			х
		Dolichopodidae	Dolichopodidae (undet.)	х			
		Empididae	Clinocera	х	х		
			Neoplasta	х	х	х	х
			Trichoclinocera	х	х	х	х
			Empididae (undet.)		х		
		Ephydridae	Ephydridae (undet.)	Х			х
		Pelecorhynchidae	Glutops				х
		Psychodidae	Maurina			х	х
			Pericoma				х
		Simuliidae	Simulium		х	х	
		Stratiomyidae	Caloparyphus	Х			х
		Tipulidae	Dicranota	Х	х	х	х
			Hexatoma	Х	х	х	х
			Limnophila			х	х
			Rhabdomastix	Х	х	х	х
			Tipula		х		
	Ephemeroptera	Ameletidae	Ameletus		х		
		Baetidae	Baetis	Х	х	х	х
			Callibaetis				х
			Centroptilum	Х	х	х	х
			Diphetor	х	х	х	х
		Ephemerellidae	Drunella flavilinea	х	х	Х	х
		Heptageniidae	Epeorus		х		
			Ironodes		х		
			Leucrocuta	х	х	х	Х
		Leptohyphidae	Tricorythodes	Х			х
		Leptophlebiidae	Paraleptophlebia	Х	х	Х	х

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TABLE 1, Continued.

CLASS	ORDER	FAMILY	GENUS/SPECIES	2009	2010	2011	2012
	Hemiptera	Gerridae	Aquarius remigis	х	х	х	х
		Macroveliidae	Macrovelia horni	х			
		Notonectidae	Notonecta kirbyi			х	х
		Veliidae	Microvelia	х	х	х	х
	Megaloptera	Sialidae	Sialis	х	х	х	х
	Odonata	Aeshnidae	Aeshnidae (undet.)				х
		Coenagrionidae	Argia	х			
		Cordulegastridae	Cordulegaster dorsalis	х			Х
		Gomphidae	Octogomphus specularis		х		х
	Plecoptera	Capniidae	Mesocapnia projecta	х	х	х	х
		Chloroperlidae	Suwallia	х	х	х	х
			Sweltsa	х	х	х	х
		Leuctridae	Despaxia		х	х	х
		Nemouridae	Malenka californica	х	х	х	Х
			Soyedina				х
			Zapada	х			
		Peltoperlidae	Yoraperla		х		
		Perlidae	Calineuria	х	х	х	Х
			Hesperoperla				х
		Perlodidae	Isoperla		х	х	
	Trichoptera	Apataniidae	Apatania	х	х	х	х
		Brachycentridae	Micrasema		х	х	х
		Calamoceratidae	Heteroplectron californicum	х	х	х	х
		Glossosomatidae	Agapetus			х	
			Glossosoma	х	х	х	х
		Helicopsychidae	Helicopsyche				х
		Hydropsychidae	Hydropsychinae		х	х	х
		Lepidostomatidae	Lepidostoma sp.	х	х	х	Х
			Lepidostoma unicolor grp.	х	х	х	х
		Limnephilidae	Ecclisomyia			х	Х
			Hydatophylax hesperus				х
			Onocosmoecus		х	х	х
			Psychoglypha	х	х	х	х
		Odontoceridae	Parthinia				х
		Polycentropodidae	Polycentropus	х	х	х	х
		Rhyacophilidae	Rhyacophila betteni grp.		х	х	х
			Rhyacophila grandis grp.		х	х	
			Rhyacophila siberica grp.	х	х	х	х
		Sericostomatidae	Gumaga	Х	Х	Х	х
		Uenoidae	Neophylax rickeri	х	Х	х	х
			Neothremma			х	х
Acari	Hydrachnidia	Arrenuridae	Arrenurus	х			х
		Aturidae	Aturus	х			
		Axonopsidae	Ljania	х	х	х	х

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TABLE	1,	Continued.
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CLASS	ORDER	FAMILY	GENUS/SPECIES	2009	2010	2011	2012
		Hydrozetidae	Hydrozetes	х	х	х	х
		Hygrobatidae	Hygrobates	Х	х	х	х
			Mesobates	х	х	х	х
		Lebertiidae	Estelloxus	Х	х		х
			Lebertia	х	х	х	х
		Mideopsidae	Mideopsis	х	х	х	х
		Sperchonidae	Sperchon	х	х		х
		Stygothrombiidae	Stygothrombium		х	х	х
		Torrenticolidae	Torrenticola	х	х	х	х
		Trhypochthoniidae	Mucronothrus	х	х	х	х
Bivalva	Veneroida	Sphaeriidae	Pisidium	х	х	х	х
Branchiopoda	Cladocera	Cladocera	Cladocera (undet.)	Х			
Entognatha	Collembola	Collembola	Collembola (undet.)	Х	х	х	х
Gastropoda	Basommatophora	Physidae	Physidae (undet.)	Х	х	х	х
		Planorbidae	Ferrissia		х		
			Planorbidae (undet.)	Х		х	х
Hydrozoa	Anthoathecata	Hydridae	Hydra	Х	х		х
Malacostraca	Amphipoda	Gammaridae	Gammarus	Х		х	х
	Decapoda	Astacidae	Pacifastacus leniusculus			х	х
	Isopoda		Isopoda (undet.)				х
Maxillopoda	Copepoda		Copepoda (undet.)	Х	х	х	х
Nematoda			Nematoda (undet.)		х		х
Nematomorpha			Nematomorpha (undet.)	Х			х
Oligochaeta		Lumbricidae	Lumbricidae (undet.)	Х	х	х	х
		Lumbriculidae	Lumbriculidae (undet.)	Х	х	х	х
Ostracoda			Ostracoda (undet.)	х	х	х	х

this surprisingly high diversity (Dieterich and Anderson 2000, Banks et al. 2007). In contrast, intermittent first-order desert streams of Arizona, which experience much harsher dry seasons (e.g., scarce shade, high water temperatures in residual pools), generally support 50-60% less invertebrate taxa than we observed at John West Fork (Bogan 2012). However, we also found that John West Fork supported 2.5x the number of invertebrate taxa than were found by del Rosario and Resh (2000) from two similar sized coastal headwater streams only a few kilometers away. This difference can partly be explained by taxonomic effort. del Rosario and Resh (2000) identified midges (Chironomidae) at the family-level, while we identified 38 separate midge genera and/or

species groups from John West Fork. Though it requires additional effort to identify midges to finer taxonomic levels, they are often dominant taxa in intermittent streams and they can serve as indicators of local flow permanence in ungauged streams (Bogan et al. 2013).

Seasonal drought can play a stronger role in shaping aquatic communities than catastrophic disturbances like wildfire (Verkaik et al. 2013). However, if seasonal drought is predictable, then many aquatic species will develop life history adaptations to drought (Gasith and Resh 1999, Lake 2003). Most aquatic invertebrate taxa at John West Fork appear to be adapted to survive flow cessation during the lengthy (5-7 month) dry season. Although annual rainfall, and thus the intensity of seasonal drought, varied greatly across the study period, similar total numbers of invertebrate taxa were found in each year. Additionally, nearly all invertebrate taxa present at John West Fork occupied residual pool habitats during the dry season. Thus, these pools that persist after flow ceases serve as essential refuge habitats and may facilitate higher diversity than would be found in a stream that dries completely. The nine taxa that were exclusive to intermittent riffle habitats were mainly larger stonefly, mayfly, and caddisfly taxa that require perennial flow (Poff et al. 2006). Their low abundances in our samples (< 2 individuals/taxon over 4 years) suggest that they may occasionally colonize John West Fork from perennially-flowing refuges in nearby Olema Creek, but that flow cessation each year prohibits the establishment of large, stable populations.

Intermittent streams are not traditionally thought of as important habitats for salmonid fishes. However, Wigington et al. (2006) reported that coho salmon may not only use intermittent streams for breeding, but also that juvenile salmon may grow faster in these systems. Though we only found endangered juvenile coho to be abundant at John West Fork during 2011, this pattern reflects their regional cycles of abundance, where currently only every third year supports a consistently strong cohort (Carlisle et al. 2011). Unfortunately, this 3-year pattern also makes them highly vulnerable to stochastic extreme drought events. In contrast, threatened steelhead trout were common to abundant in all four years, suggesting that they are well-adapted to shady coastal headwater streams that cease flowing for as much as seven months per year.

Understanding the distribution of salmonids in intermittent streams is important because regional climate models predict increased temperatures and decreased precipitation in late spring, summer, and early fall (March-October) for northern California and the Pacific Northwest (Mote and Salathé 2010, Pierce et al. 2013). These climatic changes will likely increase the extent and duration of dry season flow cessation in streams and the water temperature in remnant stream pools, thus heightening the extinction risk of many salmonid populations across the region (Katz et al. 2013, Wainwright and Weitkamp 2013). Understanding current salmonid use of intermittent streams will facilitate more realistic modeling of future salmonid distributions under various climate change scenarios.

In addition to documenting the high biodiversity of our focal intermittent headwater stream, our goal here is to promote the use of similar streams as model study systems. Within a 10 km radius of John West Fork, there are over 30 similarly-sized intermittent headwater streams (Figure 1). Similar intermittent coastal headwater streams occur all the way up the western coast of North America, at least as far as British Columbia (Price et al. 2003). This great number of replicate stream systems, their high biotic diversity, and their tractability (wadable in high flow, isolated pools in low flow) make them ideal for ecological studies. Finally, given the high biodiversity that coastal intermittent headwater streams support, they should be included in local and regional conservation planning efforts.

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